

EMCC Italia

European Mentoring &
Coaching Council

Luca De Gaudenzi
DeGa Coaching & Counseling
Turin
Italian, English, French



+39 349 315 35 33 - degaudenzi@alice.it

Coach/Mentor/Counselor
Coach Supervisor

Specialità: Business-Life-
Executive Coaching and
Counseling (Team and
individual)

Metodi: in presence, virtual (i.e.
skype, mobile, ...)

Organizzazione: DeGa
Coaching & Counseling

Cellulare: +393493153533
Email:degaudenzi@alice.it
Skype: [lucadega1](https://www.skype.com/user/lucadega1)

Website:
<http://degacoaching.vpsite.it/default.html>

Luca started his career at Andersen Consulting - Accenture in the Change Management Professional Family where he focused as a Teacher, as Project Leader and as a Project Manager on the Human Impact of Innovation and Process & Technology Transformation. In 2006 Luca launched his own practice based in Italy - "DeGa".

The Andersen experience helped him to develop his core coaching skills focused on managing and leading. Luca has worked as a freelance Change Management Advisor-Coach or as a Teacher-Coach of Organization and Management Behaviors both in large international companies and small national companies.

Luca supports executives and entrepreneurs in delicate professional and personal transitions both through on-to-one and team coaching initiatives.

He has contributed to coaching culture diffusion in Italy by collaborating with The School of Coaching - an Italian pioneer coaching institution.

On a more personal side Luca has made a psychoanalytic journey - Lacan School - to increase his self-awareness and to better serve his clients.

In addition to his core coaching programs, Luca also provides: Psychoanalysis, Counseling, Life Coaching & Change Management Advisory.

Luca's "Coaching style" is an appreciated mix of Coaching, Counseling, Consulting and Psychoanalysis and it is in line both with the - Harvard University - Business Coaching model: "Coaching borrows both from consulting and Therapy" (Coutu and Kaufman 2009) and with the - INSEAD Executive Education - Leadership Coaching Model: "Coaching and Consulting for Change" (de Vries 2010).